Virginia 4-H Program Areas Available at VSU

**Leadership & Civic Engagement**

In one activity-filled week, youth attending the summer iLeadership Institute will learn invaluable leadership, team building, networking and etiquette skills that will enhance their ability to serve in local, district, state and national 4-H leadership roles.

- Health Rocks
- Leadership Networking Mixer
- Meet VSU 4-H Collegiate Club Leaders
- STEAM activities
- Etiquette Dinner
- 4-H Yoga
- Meet Legislators
- Experience 4-H Cabinet
- Character Education
- Distinguished Speakers

**STEAM Activities**

K-12 students and their parents will explore science, technology and agriculture in new ways that will excite, inspire and engage.

- Interact with Scientists and Professionals
- STEAM Hands-On Workshops
- Code Your World at VSU!
- Expert Demonstrations and Research Tours
- Grass...Goats...and Uninvited Guests!
- Kids' Tech University

**Agricultural, Marine Aquatic Science & Natural Resources**

Youth, their families and the public learn about agriculture and natural resources, including goats and sheep, water quality and environmental stewardship. The 4-H Marine Aquatic Science program engages students in marine and aquatic educational activities that correlate directly to Virginia's Standards of Learning.

- Goats and Sheep on the Farm
- Entrepreneurial Skills
- Environmental Awareness
- Sustainable and Urban Agriculture
- Learn Fish Health
- Urban Forest Management

**Financial Management**

Virginia families and communities statewide are empowered to improve their financial well being, and achieve economic security by participating in financial management educational programs, mentoring and coaching for individuals, families and entrepreneurs.

- Reality Store
- Financial Mentoring
- Meet College of Ag & Business Students
- Money Talk Program
- Virginia Lifesmarts
- Developing Professional Image

Learn How To Get Involved In Virginia 4-H

Visit www.ext.vsu.edu/4h-youth for more information.

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4-H is America's largest youth development organization. Found in almost every Virginia county and city, 4-H provides kids 5-18 with fun, challenging learning experiences. Kids participate in 4-H locally through clubs, programs and camps geared to diverse interests (food and healthy living, archery, horseback riding, workforce readiness, genealogy, etc.). To support 4-H leaders and kids across the state, Virginia State University offers unique learning opportunities with a focus on citizenship and leadership youth development, and STEAM education (Science, Technology, Engineering, Agriculture and Mathematics).

Through 4-H, young people are encouraged to participate in a variety of activities that emphasize 4-H's "learning by doing" philosophy of youth development.

More likely to give back to their communities

More likely to make healthier choices

More likely to participate in STEM activities

*From the Press Release: Development of Youth: Comprehensive Strategies from Des Moines to D.C. A Study of Previous Youth Development, a Longitudinal Study of 15,000 youth across ten communities for eight years, funded by over 7,000 organizations, institutions, and individuals.*

- Virginia Cooperative Extension
- Virginia State University
- Virginia 4-H
- Virginia 4-H Youth Development Education Program in partnership between Virginia Tech and Virginia State University.